



Department of
ELDER AFFAIRS
STATE OF FLORIDA



Falls Prevention

A PROGRAM PROVIDED BY THE FLORIDA DEPARTMENT OF ELDER AFFAIRS

The Town of Cutler Bay is proud to host the Falls Prevention Workshop. The Department of Elder Affairs developed the Falls Prevention Program to provide information on how to reduce risk and prevent falls within our homes and communities.

The Department of Elder Affairs staff will present participants with a collection of home and outdoor safety tips and precautions to help keep your home fall proof, accessible, and safe.

The goals of the Falls Prevention Workshop are:

- To educate and inform participants of the importance of simple safety precautions that can reduce the risk of falls.
- To introduce community organizations, exercises, and programs that are proven to reduce the fear of falling and help prevent falls.

The Falls Prevention Workshop is scheduled for:

Wednesday, August 24, 2016 at 10:00 AM.

Location: Pine Woods Villa 8420 SW 188 Terrace, Cutler Bay, FL 33157

Please email jmarzouka@cutlerbay-fl.gov or call 305-238-4166 to register.