RESOLUTION 16-10

A RESOLUTION OF THE MAYOR AND TOWN COUNCIL OF THE TOWN OF CUTLER BAY, FLORIDA, SUPPORTING THE WORLD HEALTH ORGANIZATION'S AGE-FRIENDLY CITIES AND COMMUNITIES PROGRAM AND APPROVING THE TOWN’S ENROLLMENT INTO THE AARP AGE FRIENDLY COMMUNITIES INITIATIVE; PROVIDING FOR TRANSMITTAL; PROVIDING FOR AUTHORIZATION; AND PROVIDING FOR AN EFFECTIVE DATE.

WHEREAS, the AARP Network of Age-Friendly Communities is an affiliate of the World Health Organization’s (WHO) Age-Friendly Cities and Communities, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization; and

WHEREAS, the AARP Network of Age-Friendly Communities (the “Network”) helps participating communities become great places for all ages by adopting such features as safe, walkable streets; better housing and transportation options; access to key services; and opportunities for residents to participate in community activities; and

WHEREAS, the benefits of joining the Network include, but are not limited to, access to key information about best practices among age-friendly communities, access to a global network of participating communities, and public recognition of the Town’s commitment to become more age-friendly; and

WHEREAS, the Town’s Communities for a Lifetime Committee voted unanimously to support the Town’s endeavor to become more age-friendly; and

WHEREAS, well-designed, livable communities promote health and sustain economic growth, and they make for happier, healthier residents of all ages; and

WHEREAS, this initiative is in alignment with the Town’s adopted Strategic Master Plan (2014) and Senior Needs Assessment (2013); and

WHEREAS, the Town Council finds that the adoption of this Resolution is in the best interest and welfare of the residents of the Town.

NOW, THEREFORE, BE IT RESOLVED BY THE MAYOR AND TOWN COUNCIL OF THE TOWN OF CUTLER BAY, FLORIDA, AS FOLLOWS:

Section 1. Recitals. The above recitals are true and correct and are incorporated herein by this reference.
Section 2. **Town Council Support.** The Town Council supports initiatives and opportunities of the World Health Organization's Age-Friendly Cities and Communities and the Town's enrollment into the AARP Network of Age-Friendly Communities.

Section 3. **Transmittal.** The Town Clerk is hereby directed to transmit a copy of this Resolution to the AARP along with the required membership application.

Section 4. **Authorization.** The Town Manager is authorized to take any and all steps necessary to implement the intent and purpose of this Resolution.

Section 5. **Effective Date.** This Resolution shall be effective immediately upon adoption.

PASSED and ADOPTED this 20th day of January, 2016.

[Signature]
PEGGY R. BELL
Mayor

Attest:

[Signature]
JACQUELINE N. WILSON
Town Clerk

APPROVED AS TO FORM AND LEGAL SUFFICIENCY FOR THE SOLE USE OF THE TOWN OF CUTLER BAY:

[Signature]
WEISS SEROTA HELFMAN
COLE & BIERMAN, P.L.
Town Attorney
Moved by: Vice Mayor Sochin
Second by: Council Member Mixon

FINAL VOTE AT ADOPTION:

Mayor Peggy R. Bell              YES
Vice Mayor Ernest N. Sochin       YES
Council Member Roger Coriat       YES
Council Member Sue Ellen Loyzelle  YES
Council Member Mary Ann Mixon     YES
If you have questions while completing this form, please email livable@aarp.org or call 202-434-2430
If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 3/15/2016

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Town of Cutler Bay

STATE: Florida

POPULATION SIZE: 44,321

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 23%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Peggy R. Bell, Mayor

OFFICE ADDRESS OF THE SIGNER: 10720 Caribbean Blvd. Suite 105 Cutler Bay, FL 33189

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

NAME: Rafael G. Casals

POSITION: Town Manager

EMAIL ADDRESS: rcasals@cutlerbay-fl.gov

TELEPHONE NUMBER: 305-234-4262

Please describe the named person’s role in the city or community’s age-friendly initiative:

Rafael G. Casals is the Town Manager for the Town of Cutler Bay. Mr. Casals is responsible for the day-to-day Operational & Administrative functions of the Town as outlined in the Town’s Charter. This includes; but is not limited to, supervising the following Departments: Police, Community Development, Public Works, Administrative Services, Parks & Recreation, and Stormwater Utility. On January 20, 2016, the Town adopted Resolution #16-10 supporting the World Health Organization’s Age-Friendly Cities and Communities Program and approving the Town’s enrollment into the AARP Age Friendly Communities Initiative. This resolution authorizes the Town Manager to take any and all steps necessary to complete the application process and become an active participant of the program.
Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The Town of Cutler Bay (Incorporated, 2005) is the youngest municipality in Miami-Dade County. With an estimated population of 44,321, the Town has made great strides to improve the quality of life for all residents. In 2009 the Town joined the Florida’s Communities for a Lifetime (CFAL) Initiative (Town Resolution #10-21) and formed a volunteer board that consists of five (5) community members and one (1) Town Council member. The CFAL Committee works with Town staff to organize events throughout the year that target older adults. Some activities include: Annual Intergenerational Cultural Arts Program, Annual Senior Games, Cutler Bay Bus Party to promote the Town’s circulator bus, Falls Prevention Workshops, Safe Homes Workshops, Health and Wellness Workshops, Scam Jam Document Shredding, Social Outings to local attractions, live performances, Car Safety Education, and Eating & Aging Workshop. The Town is now in the process of establishing a Community Center that will target older adults. This center will be located in the Town Hall building and will feature several multi-purpose community room, offices for social services, exercise equipment and work areas for art & crafts. The Town was the recipient of the 2015 Service to Seniors by an Organization Award presented by the Florida Council on Aging.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

In 2013, the Town invested approximately $15,000 (cash/in-kind) to conduct a Senior Needs Assessment (SNA) and found that the senior population is the fastest growing population within the Town. The SNA provides the framework for the policies and services offered by the Town. Residents expressed a desire to engage in a wide range of activities and maintain their independence. In 2014, the Town began the process of updating their Strategic Master Plan. The Town held a series of eight (8) public input workshops including three (3) at local senior housing facilities (offered in both English and Spanish). The Town continues to engage with the older adult community by scheduling “Open Mic” nights throughout the community, including at senior housing facilities and coordinating monthly Communities for a Lifetime (CFAL) Committee meetings. These meetings are attended by at least one (1) member of the Town Council. The Town Manager also attends the CFAL meetings several times throughout the year. The CFAL Committee is now in the process of holding “visioning sessions” in which they have been tasked with (1) Developing a Mission Statement, (2) Establishing committee goals based on public input and the Senior Needs Assessment, (3) Developing a list of activities/action items to reach each of the identified goals.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

The Town has ten (10) Master Plans ranging from Street Tree to Parks and Recreation. All of these plans take into account how they will affect all residents regardless of age and physical ability. For example, residents residing in a nursing/ALF requested improved pedestrian facilities along one of the Town’s main roads. The Public Works Department and the Town Manager’s Office worked together to assess the concern, and successfully obtained a grant to make these improvements. The project is scheduled for implementation during FY2016. An example of how the Town coordinates with different agencies is that during the public Strategic Master Plan workshops, residents requested an expanded schedule for the Town’s Circulator Bus. The Town contacted Miami-Dade County Transit, and within months, the Town expanded the days and hours of the Circulator Bus (3,000 riders monthly) which provides free transportation to seniors with a Golden Passport to key points of interest throughout the Town. The Circulator Bus also links riders to Miami-Dade Transit’s public bus system. The Town works closely with neighboring municipalities, the Florida Department of Elder Affairs, the Miami-Dade/Monroe Alliance for Aging, local elected officials and other agencies that will assist the Town in improving services within the community.
Section 4: NETWORK MEMBERSHIP
Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

The Town reviewed the list of “Age-Friendly Communities” located in Florida and found that none of them are located in South Florida Region. The Town of Cutler Bay is located in South Miami-Dade County. Residents voted to incorporate the Town in 2005 because they did not feel that their needs were being met by Miami-Dade County. Residents wanted better representation and improved access to their local government. Ten (10) years later the Town has been successful in improving its infrastructure, transit services, parks, economic development and quality of service for residents while continuing to keep the tax burden low. The residents’ vision has been accomplished by operating one of the leanest governments within Miami-Dade with only 32 full-time employees. The Town hopes to contribute to the AARP Network and World Health Organization by demonstrating ways to integrate and adapt existing Master Plans to benefit all residents. The Town also hopes to demonstrate how local government can work together with the region, County and State government to expand services, avoid duplication and enhance the level of services to its resident.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

The Communities for a Lifetime Advisory (CFAL) Committee researched the Livable Communities website and found that while the Town has implemented many of the principles identified in the “Livability Fact Sheets” document, there are some opportunities for improvement. This motivated the Town’s CFAL and Town Council members to join the prestigious AARP Network of Age-Friendly Communities in order to access valuable resources to assist in ongoing planning and implementation of community projects and services that will further enhance our residents’ quality of life.
6) Please provide a digital file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi.

As an example of an image, here’s ours: 

Click here to enter text.
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PEGGY R. BELL
Mayor

JACQUELINE N. WILSON
Town Clerk

APPROVED AS TO FORM AND
LEGAL SUFFICIENCY FOR THE SOLE
USE OF THE TOWN OF CUTLER BAY:

WEISS SEROTA HELFMAN
COLE & BIERMAN, P.L.
Town Attorney
Moved by: Vice Mayor Sochin
Second by: Council Member Mixon

FINAL VOTE AT ADOPTION:

Mayor Peggy R. Bell YES
Vice Mayor Ernest N. Sochin YES
Council Member Roger Coriat YES
Council Member Sue Ellen Loyzelle YES
Council Member Mary Ann Mixon YES
Town of Cutler Bay
Communities For a Lifetime (CFAL)

2014-2018 CFAL Committee Members
Vacant (Chair)
Gilda Chang
Craig Emmanuel
Marilyn Rams
Jose Rodriguez

Council Liaison
Sue Ellen Loyzelle
Cutler Bay Mission Statement
Incorporated in 2005, the Town of Cutler Bay is the youngest municipality in Miami-Dade County. The Town Council’s mission is to “work to make Cutler Bay an excellent place to live, work and play. Cutler Bay’s government will be creative, responsible and respectful in providing innovative and cost effective services to the community”. (Town Resolution #12-64)

Cutler Bay Joins the CFAL Initiative
Cutler Bay joined the State’s Communities for a Lifetime Initiative in April 2010 (Town Resolution #10-21) and established the Cutler Bay Communities for a Lifetime Committee. The Committee consists of five (5) Town residents. Councilmember Sue Ellen Loyzelle serves as the council liaison.

Cutler Bay applies to AARP Livable Communities
In January 2016, the Town Council approved the CFAL Committee’s request to submit an application to join the “AARP Network of Age-Friendly Communities” (Town Resolution #2016-11). This application has been prepared and submitted.
Cutler Bay’s Journey

Kick-Off Workshop – Senior Needs Assessment 2013
Cutler Bay’s Journey

November 2013 – The CFAL Committee Completed the “Senior Citizen Surveys and Needs Assessment”. This was based on a survey of **259** seniors.
Cutler Bay’s Journey

Summer 2014 – The Town conducted eight (8) Strategic Planning Community Workshops. These workshops included input from the Senior Community. *(see sample chart below)*

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**Senior Housing Outreach meeting**
*(English/Spanish)*
July 2014 – The CFAL Committee held a series of visioning sessions to identify Focus Areas, Goals and Activities. These focus areas and goals were merged with the results from the Town’s eight (8) Strategic Planning Sessions.

Bus Party to promote the Cutler Bay Local Circulator

Intergenerational Cultural Arts Project – Students from local youth center and local seniors attend dance class at the South Miami-Dade Cultural Arts Center.
Sample of Recent Projects & Accomplishments
Award Winning Projects & Special Recognition

**Senior Services**
- 2015 Florida Council on Aging “Service to Seniors by an Organization” Award

**Complete Streets Projects**
- Three (3) Industry Awards for Old Cutler Road Improvements
- Two (2) Industry Awards for Caribbean Blvd. Road Improvements
- Guest Speaker at “2015 Complete Streets Forum”

**Street Trees**
- Tree City USA Designation since 2009
- Growth Award each year since 2012

**Cutler Bay is Going Green**
- Silver City Designation from the Florida Green Building Coalition
- Florida League of Cities “2012 Environmental Award”
- Government Finalist – 2015 Best Practices Award from Sustainable Florida
CFAL Committee Events

- Annual Intergenerational Cultural Arts Program
- Florida Senior Games (2014 & 2015)
- Cutler Bay Bus Party
- Falls Prevention Workshop
- Safe Homes Workshop
- Health & Wellness Workshops
- Scam Jam Document Shredding
- Social Outings
2016 Tour de Parks – Bike ride through Cutler Bay and Neighboring Palmetto Bay to promote new bike paths. Riders ranged from toddlers to 83 years of age.

Staff joined Miami-Dade for the “Safety is Golden Mobility Fair”. Staff became certified “CarFit” Technicians. (Dec 2015)

2016 Senior Games and Award Ceremony

2016 Golf Cart Rodeo – Volunteers from AARP and Cutler Bay High
Transportation Improvements

- Town Circulator Bus (Monthly Riders: 3,000)
- Old Cutler Roadway Improvements
- Caribbean Blvd. Road Improvements
- SW 212 Drainage Improvements
- Installation of Bus Stop at East Ridge Retirement Village
Bicycle and Pedestrian Safety

- Walkable Communities
- Bicycle Lanes
- Bus Pull Out & Bays *(Caribbean & OCR)*
- Townwide ADA Sidewalks
Upcoming Events

- February 2016 – Wings over the Bay – Chicken Wing Cook-off
- March 2016 – Balance & Nutrition Workshop at East Ridge Retirement Village
- October 2016 – Senior Games

Coming Soon...

Cutler Bay Community Center was one of the most highly requested items during the Strategic Planning sessions. The Center will be located on the 5th Floor of the Town Hall Building. The Center will include space for arts and crafts, exercise, private offices for social services, conference room and a computer lab/technology center.
For More Information Contact

**Rafael G. Casals, Town Manager**

10720 Caribbean Blvd., Suite 105
Cutler Bay, FL  33189
Phone: 305-234-4262   Email: rcasals@cutlerbay-fl.gov