



News from the Town of Cutler Bay
For Immediate Release

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Cutler Bay hosts 2nd Annual Senior Games in 2015



CUTLER BAY, FL, January 13, 2016 – Earlier in 2015, the Town hosted the 2nd Annual Cutler Bay Senior Games. The Senior Games movement first commenced in the state of Florida in 1974 and was spearheaded by the Florida Sports Foundation. The Senior Games is a multi-sport event program for adults ages 50 and over. The Games consists of events throughout the state leading up to the Senior Games Finals which are held in Clearwater, Florida from December 5-13, 2015. Contestants of these Games will have the opportunity to represent the great Town of Cutler Bay on a National level, at the National Senior Games which will be held next Summer in July 2016.

Thirty two (32) participants have competed in over eleven (11) events held in Cutler Bay alone. Cutler Bay's 2nd Annual Senior Games are gaining in popularity and have attracted participants from as far away as Tampa and Key Largo. Some of this year's sporting events included basketball, swimming, pickle ball, tennis, table tennis, horseshoes, billiards, bowling, and shuffleboard.





This year's Senior Games culminated in an awards ceremony and bar-b-que, which was held on October 23, 2015 at Cutler Ridge Park. Participants were also recognized by the Mayor and Town Council during the November Town Council Meeting. "The Town has been a member of the Florida Department of Elder Affairs' Communities for a Lifetime Initiative since 2010. A part of this initiative was to develop a Senior Needs Assessment. The goal of the initiative is to help Florida communities become better places for elders to live, providing all residents the opportunity to contribute to the betterment of their communities. The Town surveyed our seniors to determine the types of services and activities they wanted to see in the Town. We found that our seniors are still very active and desire to remain connected to the community through a range of social and recreational activities. The Senior Games series is just one more way that the Town and our CFAL Advisory Committee is working to meet the needs of our older adults" said Mayor Peggy Bell.

The Communities for a Lifetime (CFAL) Committee meets on a monthly basis and welcomes comments from community residents that will serve to enhance the Town's image and quality of life.

For more information, please contact Janelle Marzouka at (305) 238-4166 or e-mail: jmarzouka@cutlerbay-fl.gov or visit our website at www.cutlerbay-fl.gov.